

# GRATEFULNESS PARENT PREVIEW

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## Karate Kids For Christ

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Karate Focus

*The Character Parent Preview* is a monthly email designed to help parents teach Biblical character qualities to their children by giving you a preview of what KK4C will be teaching your child (ren) in the karate class.

Each month a different character quality is presented with suggestions for Bible lessons and projects. The length of time you spend teaching these principles to your children each day is not nearly as important as your sincerity and consistency.

### How To Praise Your Child

Remember to praise the character quality and not only the act. Instead of saying "It was good of you to write a Thank You note," say, "It was good of you to show gratefulness." Praising character rather than performance focuses on the attitude rather than the act and motivates for deeper personal growth.

Remember to Praise:

- Praise children for gratefulness when they say "Thank You."
- Praise children for gratefulness when they ask with a "Please?"
- Praise children for gratefulness when they don't complain.
- Praise children for gratefulness when they take care of what they have.

***Character training  
never ends!***

### Gratefulness Song

Gratefulness is merely the expression of a thankful heart. It is a matter of showing others that good can come out of every situation. Since gratefulness is a character quality and not a circumstance, it is possible to be grateful in every situation.

*"When we all see what we should see, All we should see is the good we know others do for us and show them all our gratefulness.*

*Everything we call our own is only what we have been given. If we see life selfishly we miss out on the joy of living."*

## This Month's Character

### Definition:

Gratefulness is letting others know by my words and actions how they have benefited my life.



### Character Card Tips

Right choices and actions do not become character until they become a part of everyday life. Use the character card at home and review the 5 "I wills" by looking your child in the eyes and saying, "Here are ways you can be grateful."

- Contrast grateful and ungrateful responses using the five "I wills" as an outline.
- Share a personal illustration from your own life of when you were grateful or ungrateful. Be sure to emphasize that there were benefits to being grateful and consequences to being ungrateful.
- Give your child an opportunity to make a commitment to be grateful. Say, "will you...?" and have your child respond, "Yes, I will..." for each of the five "I wills."

Example:

"Will you show your parents and teachers that you appreciate them?"

"Yes! I will show my parents and teachers that I appreciate them."

### I Will:

1. I will show my parents and teachers that I appreciate them.
2. I will write "Thank You" notes.
3. I will take care of my things.
4. I will be content with what I have.
5. I will count my benefits rather than my burdens.

### Scripture Memory

"16 Rejoice always, 17 pray without ceasing, 18 give thanks in all circumstances; for this is the will of God in Christ Jesus for you."  
(1 Thessalonians 5:16-18)

### How To Demonstrate Gratefulness

to God:

- List the ways God benefits you
- Recall God's help during crisis
- Learn and praise the names of God
- Choose to thank God when not thankful

to Parents

- Honor your parents' sacrifices
- Cherish what your parents taught
- Sit with your parents in public
- Redirect praise to your parents
- Celebrate parents' special days
- Give parents a grateful smile
- Thank parents for correction
- Find ways to please parents

to Teachers

- Praise them for their dedication
- Thank their family members
- Praise their high standards

to your Civil Authorities

- Trust God to work through them
- Thank them for their protection
- Pray for them and their families