

## Karate Kids For Christ (KK4C) EVALUATION SURVEY

We use this form for three purposes. **First** it is an evaluation form for every student at different stages in their belt achievement. **Second**, it gives us specific areas to pray for your child. **Thirdly**, we also use this form as an application for those who are interested in the LEADERSHIP PROGRAM.

You are receiving this form because **we are very interested** in your current evaluation of your child's progress to date and the effectiveness of our program so we hope that you will fill it out and return it to us as soon as you can.

Either click 'reply' and fill it out below on your computer and email it back to us (**preferable**) or print the attached file and fill out and turn in.

Many parents have found the questions in this application provide topics for discussion that lead to 'teaching moments'. We encourage you to take the time to complete it, even if it takes a few 'sittings' with your child to get through it. If necessary, just remember to click 'save' and it will be saved most likely into your 'drafts' folder in your email application until you are ready to get back to it. Your answers will help us serve you and your child better. If possible, please return it to us within 15 days.

**There is a section for parents and a separate section for children or the student.** The parent section may take about 15 minutes to complete. The student section may take about 30 minutes to complete (or longer for small children.) Depending on your child's age you may fill out the form for them and quote 'whatever' their answer is in 'their own words.' Or write NA where applicable.

**We understand that young children will not be able to understand and answer all the questions but we use this form for all our age groups. Please make it as fun as possible and if it is too difficult just leave those parts blank. Thank you!**

*Please answer all of the following questions. Print legibly.*

**Student Name (Name you would like embroidered on your future Black Belt:**

**Current Belt Rank:**

**Black Belt Target Date (51 months from 1<sup>st</sup> class, Tiny Tigers would add an extra 12 – 24 months):**

**Grade in School:**

**Age:**

**Phone:**

**Name of parent filling out the form:**

**Parents & Responsible Parties Section:** (where applicable type an 'X' to mark your choice)

1. What are your primary objectives with our program: (rank 1 to 3)
  - a. Physical fitness \_\_\_\_\_
  - b. Self-defense \_\_\_\_\_
  - c. Biblical character training \_\_\_\_\_
  
2. How is KK4C doing in these areas: (rank 1 to 10 with ten being the highest)
  - a. Physical fitness \_\_\_\_\_
  - b. Self-defense \_\_\_\_\_

c. Biblical character training \_\_\_\_

3. What do you feel KK4C could be doing to be more effective in these areas?

a. Physical fitness:

b. Self-defense:

c. Biblical character training:

4. What do you feel YOU as the parent could be doing to help your child get more out of our program?

a. Physical Fitness:

b. Self-defense:

a. Biblical character training:

5. Does your child have any disciplinary problems:

a. At school?  Yes  No

b. At home?  Yes  No

c. We are pleased to discuss these with your child if you would like.  Yes  Not at this time.  
**If yes, please briefly explain:**

6. Does your child participate in the 'home life' sheets:

a. self-discipline:  Yes  No

b. bible reading:  Yes  No

c. karate homework:  Yes  No

**If not**, would you like to start and how can we help?

**If yes**, please share your thoughts on their effectiveness in helping your child develop these three habits:

7. Do you engage your child in a specific conversation before class starts to help prepare him/her to be mentally ready to get the most out of class?  Yes  No

**(NOTE:** This encouragement 'pep talk' can be done in the car on the way to class in just a few short minutes.)

a. **If yes**, do you do it (type an 'X' to mark your choice)

i. Often

ii. Rarely

8. Do you engage your child in conversations having to do with understanding and applying these three monthly parts of the character training:

a. character definition:  Yes  No

b. 'I wills':  Yes  No

c. scripture memorization:  Yes  No

d. **If not**, would you like to start?

**(NOTE:** This can be done in the car on the way home from class by asking your child what was taught in 'character time' in class that day.)

e. **If yes**, do you do it (type an 'X' to mark your choice)

i. Often

ii. Rarely

Please share your thoughts on the effectiveness of these three parts of the character training in helping your child understanding and applying these principles into his/her life:

9. Are you committed in getting your child to a minimum of 5 classes a month?  Yes  No
10. Lord willing, would you like to see your child achieve a 1<sup>st</sup> Degree Black Belt and beyond?  
 Yes  No
11. Does your child have a goal to achieve a Black Belt?  
 Yes  No  I don't know
12. If you child starts to lose interest or motivation will you let us know as soon as possible so we can join with you and encourage them and help them where needed?  Yes  No
13. Typically if your child wants to quit an activity how do you handle it?
14. Do you view our school as: (type an 'X' to mark your choice)
- a recreational activity or  a school with a curriculum and tests for achievement, working towards a goal of personal growth.
  - equal in importance to any other organized physical activities (other sports) or  more important
  - equal in impact to any other organized physical activities (other sports) or  more impactful
15. How often do you discuss the character trait of the month with your child? (I wills', scripture, definition)  
 Every week  several times/month  once a month  not every month  never
- Do you ever incorporate other family members in the discussion as well?  Yes  No
16. Please share with us how you incorporate the character training taught in class at home:
- Do you use the Monthly Parent Preview?
    - Every month  Yes  No
    - Rarely  Yes  No
    - Not at all  Yes  No
    - If no**, would you be willing to investigate it to see if it might be useful?  Yes  No
    - If yes**, how do you use it?
  - How do you access the Parent Preview?
    - Read online on Web Page Blog  Yes  No ([sample](#))
    - Print off of from Members Web page thru enews pdf download  Yes  No ([sample](#))
    - Read copy in lobby  Yes  No
    - I do not use it  Yes  No.
  - Do you use the character cards?  Yes  No

- i. **If yes**, please share with us your way of using the character cards to help motivate your child to learn that specific character trait?
- d. Regarding the ‘end of month test sheet’ do you typically? (type an ‘X’ to mark your choice)
  1. Print it out at home in the beginning of the month and use it during the month \_\_\_\_
  2. Pick up a copy the day of the test at KK4C \_\_\_\_
  3. Print it out at home just before the test \_\_\_\_
- e. **If you use** the ‘end of month test sheet’ at home during the month please share with us your way of using it: (type an ‘X’ to mark your choice)
  1. To help my child memorize \_\_\_\_
  2. To catch my child applying the ‘I wills at home’ and marking it down \_\_\_\_
- f. Do you fill out the testimonial/feedback section on the ‘end of month test sheet’ :
  - a. Monthly \_\_\_\_
  - b. Rarely \_\_\_\_
  - c. Never \_\_\_\_
  - d. If not monthly, would you be willing to do more often? [ ] Yes [ ] No

17. Do you find yourself typically praising your child’s for his/her character or achievement? (type an ‘X’ to mark your choice)
- a. Achievement: “Your room looks good – thanks for cleaning it.” \_\_\_\_
  - b. Character: “Thank you for your orderliness and enthusiasm in cleaning your room. I can tell you put your heart into it.” \_\_\_\_

**“Getting the job done via achievement” may allow for cutting corners, like stuffing junk under beds and in closets, while character will not.**

18. Do you refer potential new students to KK4C or tell people about our program?
- a. Often \_\_\_\_
  - b. Rarely \_\_\_\_
  - c. Never \_\_\_\_
  - d. If you can think of anyone who could benefit from our classes:  
We have coupons that you may give them or you can fill out this quick [short form](#). Or you may easily email them a link to our web site: [www.karatekidsforchrist.com](http://www.karatekidsforchrist.com)
19. How do you access our monthly calendar news and download forms?
- a. Dry erase board in school near front door \_\_\_\_
  - b. Navigating myself to the E-news in Members Web Page ([sample](#)) \_\_\_\_
  - c. The monthly update email you send out that takes me to E-news \_\_\_\_
20. Regarding the emails we periodically send out? (They are every few days when you first enroll and then 3 or 4 a month after that)
- a. I read them:
    - i. Often \_\_\_\_
    - ii. Rarely \_\_\_\_
    - iii. Never \_\_\_\_
  - b. I find them:
    - i. helpful \_\_\_\_
    - ii. too many \_\_\_\_

iii. other:

**Please rate your child's improvement in the following areas since becoming a student at KK4C:**

Attributes & Abilities	Needs attention	Slightly improved	Much improved	Was already good before KK4C
<b>Home Environment</b>				
Has a good attitude when asked to do something				
Open communication with parents				
Respectful behavior to all family members				
Honesty and integrity				
Does chores without having to be told				
Responsible and keeps commitments				
<b>School:</b>				
Gets ready for school in the morning on time				
Applies oneself at school				
Shows appreciation and respect toward teachers				
Responsible for completing homework				
<b>Friends and Peers:</b>				
Able to make friends				
Picks good friends				

As a parent or responsible party are you willing to help your child get the most out of our program?

Yes  No

Are you interested in more information about the KK4C LEADERSHIP PROGRAM.  Yes  Not at this time.

**Children's or Student Section. Please rate yourself:**

This survey is simply a tool for you to assess where you are on some areas in your life and to help you assess your priorities. Please use this as a self examination tool before God, and ask Him to show you the areas you need to reevaluate. Remember, He who began a good work in you will be faithful to complete it!

**Personal Spiritual Walk (Parents of young children please explain the question and interpret your child's answer as best as you can)**

21. How often do you spend each week:

- a. Watching television/movies?    \_\_\_ < 2 Hours    \_\_\_ 2-10    \_\_\_ 10-20    \_\_\_ 20+ hours
- b. Pursing hobbies or sports?    \_\_\_ < 2 Hours    \_\_\_ 2-10    \_\_\_ 10-20    \_\_\_ 20+ hours
- c. On the internet for leisure?    \_\_\_ < 2 Hours    \_\_\_ 2-10    \_\_\_ 10-20    \_\_\_ 20+ hours
- d. Playing Computer/videos games?    \_\_\_ < 2 Hours    \_\_\_ 2-10    \_\_\_ 10-20    \_\_\_ 20+ hours
- e. Activities with all family members?    \_\_\_ < 30 min    \_\_\_ 30-60 min    \_\_\_ 1-2 hours    \_\_\_ 3+ hours

- f. Listening to Christian music?    \_\_\_ < 2 Hours    \_\_\_ 2-10    \_\_\_ 10-20    \_\_\_ 20+ hours  
 g. Listening to secular music?    \_\_\_ < 2 Hours    \_\_\_ 2-10    \_\_\_ 10-20    \_\_\_ 20+ hours  
 h. Reading secular books?    \_\_\_ < 2 Hours    \_\_\_ 2-10    \_\_\_ 10-20    \_\_\_ 20+ hours  
 i. Reading Christian books? (not bible) \_\_\_ < 2 Hours    \_\_\_ 2-10    \_\_\_ 10-20    \_\_\_ 20+ hours

22. Does God seem? Check one from each couplet.

- \_\_\_ Distant and not a big part in my life or \_\_\_ Close and personal and an important part of my life  
 \_\_\_ Like a judge ready to punish me for all the wrong I do or \_\_\_ Like a Father lovingly correcting me  
 \_\_\_ Not in control of what happens to me or \_\_\_ Makes all things work together for good

23. How often do you read/study on your own or listen to your parents read the Bible on a weekly basis?

- \_\_\_ Less than once a week    \_\_\_ 1-2 Times    \_\_\_ 3-5 Times    \_\_\_ 6-7 Times

24. How do you pray? Check one from each couplet.

- \_\_\_ Not every day or \_\_\_ every day  
 \_\_\_ typically only before eating and bedtime or \_\_\_ throughout the day for many different things  
 \_\_\_ usually on my own or \_\_\_ usually only when I am reminded

25. How many Scripture verses have you memorized in the past 12 months?

- \_\_\_ 0    \_\_\_ 1-10    \_\_\_ 11-25    \_\_\_ 26-50    \_\_\_ 50+

26. When you get money do you give a portion back to God through your church? \_\_\_ Yes \_\_\_ No

27. How often do you ask your parents questions about God or the Bible?

- \_\_\_ Never    \_\_\_ couple times a month    \_\_\_ couple times a week

28. Would you say that you usually obey God:

- \_\_\_ because He loves you and you love Him? Or \_\_\_ so He will bless you and do good things for you?  
 \_\_\_ because you are grateful towards Him? Or \_\_\_ because you are afraid of Him or what He will do?

### **Relationship with Others**

29. Do you actively seek to tell others about Jesus (the Gospel)? \_\_\_ Yes \_\_\_ No

**If yes**, when was the last time? \_\_\_ 6 months    \_\_\_ 3 months    \_\_\_ 1 week    \_\_\_ Never

30. When did you last encourage someone? Within the last:

- \_\_\_ 6 month's    \_\_\_ 3 months    \_\_\_ 1 week    \_\_\_ Never

### **KK4C**

31. Do you actively encourage other students in KK4C class? \_\_\_ Yes \_\_\_ No

32. Which type of karate student do you consider yourself to be:

- a. \_\_\_ often disruptive    \_\_\_ rarely disruptive    \_\_\_ never disruptive  
 b. \_\_\_ playful partner    \_\_\_ unhelpful partner    \_\_\_ encouraging and helpful partner  
 c. \_\_\_ focuses and stays on task    \_\_\_ easily gets off task    \_\_\_ often off task  
 d. \_\_\_ always works hard    \_\_\_ often works hard    \_\_\_ rarely works hard  
 e. \_\_\_ typically ready for tests    \_\_\_ often ready for tests    \_\_\_ rarely ready for tests  
 f. \_\_\_ always asks for help when needed    \_\_\_ often asks    \_\_\_ rarely asks

33. What are your favorite parts of class? Rate 1 thru 10 with 1 being the highest. You can use the same number more than once.

- a. Kicks on bags \_\_\_\_
- b. Kicks in air \_\_\_\_
- c. Self-defense \_\_\_\_
- d. Kata \_\_\_\_ (if applicable)
- e. Character time \_\_\_\_
- f. Games \_\_\_\_
- g. Tests \_\_\_\_
- h. Stretching \_\_\_\_
- i. Sparring \_\_\_\_ (if applicable)
- j. Leadership \_\_\_\_ (if applicable)

34. How often do you prepare yourself for the 'Character Time' part of KK4C class so that you are ready to listen and learn and participate?

\_\_\_\_ Every class \_\_\_\_ several times/month \_\_\_\_ rarely \_\_\_\_ never

35. How often do you think about the character trait of the month outside of class? (I wills', scripture, definition)

\_\_\_\_ Every week \_\_\_\_ several times/month \_\_\_\_ right before the test \_\_\_\_ never

36. Each month how often do you apply the character information taught throughout the month? (I wills', scripture, definition)

\_\_\_\_ Every week \_\_\_\_ several times/month \_\_\_\_ right before the test \_\_\_\_ never

37. Do you have a goal to be a black belt some day? \_\_\_\_ Yes \_\_\_\_ No.

38. What does this mean to you? "A black belt is a white belt that never quit."

39. What does a black belt mean to you?

40. Are you currently involved in the LEADERSHIP PROGRAM? \_\_\_\_ Yes \_\_\_\_ No.

a. **If no**, would you like more information about it? \_\_\_\_ Yes \_\_\_\_ No.

b. **If yes**, do you feel you are a good role model in the school and still qualify to be in LEADERSHIP? \_\_\_\_ Yes \_\_\_\_ No.

Please explain:

Do you help in any classes as an internship? \_\_\_\_ Yes \_\_\_\_ No

If yes, which classes:

If no, would you like too? \_\_\_\_ Yes \_\_\_\_ No.

Which class do you currently attend?

Attributes & Abilities	Was weak and still NOT improved	Was weak but now SLIGHTLY improved	Was weak but now GREATLY improved	Was already GOOD before KK4C classes

<b>Home Environment</b>				
When asked to do something do you do it immediately, without complaining, enthusiastically and cheerfully?				
I make attempts to have good conversations with my parents every day				
I have a respectful behavior toward all my family members				
My honesty and integrity				
I typically do my chores without having to be reminded				
I am responsible and keeps my commitments				
<b>School:</b>				
I get ready for school in the morning on time				
I work to the best of my ability at school				
I show appreciation and respect toward my teachers				
I am responsible and completing homework				
<b>Friends and Peers:</b>				
I am able to make new friends				
I pick friends who are a good influence for me				
<b>Spiritual (Parents with younger children:</b> when you ask these questions please try to explain any words that they do not know and then write down their answers in their 'own words'. If they do not know the answer at this time just write that down. If applicable just put NA.)				
To you, who is Jesus?				
What does this verse mean? "I am the way, and the truth, and the life. No one comes to the Father except through me." (John 14:6)				
What is sin?				
Have you heard of the ten commandments? <input type="checkbox"/> Yes <input type="checkbox"/> No				
Have you ever told a lie? <input type="checkbox"/> Yes <input type="checkbox"/> No				
Have you ever taken something that did not belong to you? <input type="checkbox"/> Yes <input type="checkbox"/> No				
Have you ever been angry or hated someone? <input type="checkbox"/> Yes <input type="checkbox"/> No				
Have you ever disobeyed your parents or been naughty? <input type="checkbox"/> Yes <input type="checkbox"/> No				
Have you ever wanted something that belonged to someone else? <input type="checkbox"/> Yes <input type="checkbox"/> No				
If you answered 'yes' to any of the questions above then are you <u>guilty</u> (committed sin ) or <u>innocent</u> (sinless) of breaking the ten commandments? <input type="checkbox"/> Guilty <input type="checkbox"/> Innocent				
What does this verse mean? "for all have sinned and fall short of the glory of God." (Rom 3:23)				



If you are guilty of breaking God's Holy laws (the ten commandments) and God is just (always does what is right) what do you deserve: to be rewarded or punished for breaking His laws? [ ] Rewarded [ ] Punished

What does this verse mean? "For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord" (Rom 6:23)

Why did Jesus come to earth?

Why do we celebrate Christmas?

What is the meaning of Easter?

Do you think Jesus came to earth for the purpose of dying and willingly went to the cross or was forced, trapped, tricked or surprised?

What does this verse mean? Jesus speaking of His death said: "Now is my soul troubled. And what shall I say? 'Father, save me from this hour'? But for this purpose I have come to this hour." (John 12:27)

How do you receive God's forgiveness for your sin?

What does this verse mean? "Repentance toward God and of faith in our Lord Jesus Christ." (Acts 20:21)

What does it mean to repent of your sins?

What does this verse mean? "No, I tell you; but unless you repent, you will all likewise perish." (Luke 13:5)

What does it mean to put all your trust, hope or believe in Jesus alone for the forgiveness of your sins?

What does this verse mean? "For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast." (Eph 2:8-10)

Do you know what God's promise is for confessing sin? (confessing means to agree and acknowledge with God that you have sinned)

How often do you confess your sins to God?

What does this verse mean? "If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." (1 John 1:9)

Do you have any habits that you cannot break?

Please read this: “How can a young man keep his way pure? By guarding it according to your word. With my whole heart I seek you; let me not wander from your commandments! I have stored up your word in my heart, that I might not sin against you.” (Psalm 119:9,11)

Do you have your own bible?

Do you enjoy reading or listening to the bible?

In the last 12 months can anyone say about you, “You hurt my feelings or treated me wrongly and never apologized?”

<b>Check if you desire to improve in this area</b>	<b>Self Motivation Evaluation</b>	<b>Yes</b>	<b>No</b>	<b>Not sure</b>	<b>Comments</b>
	Do you have a hard time of getting out of bed in the morning? (Diligence)				
	Do you make your bed as soon as you get up? (Diligence)				
	Do you like to keep everything in its rightful place? (Orderliness)				
	Do you keep your room neat? (Orderliness)				
	If I asked your parents, would they say you are obedient?				
	Do you fulfill all the promises you make?				
	Do you feel that your life is in order or disorder? (Orderliness)	Order	Disorder		
	When given the chance, do you sit near the front during a meeting?				
	Do you practice proper etiquette and use polite respectful language?				
	Do you always wash your hands before eating? (Cleanliness)				
	Do you brush your teeth every night and morning? (Cleanliness)				
	Do you stop whatever you are doing and honor your parents with a greeting when they return home? (Attentiveness)				
	How obedient to their parents are your friends? (Discernment)				
	Do you have undue concern for what clothes you wear?				
	Do you have a fear of what others think of you?				
	Do you criticize yourself for unchangeable physical features or abilities?				
	Do you compare yourself with others in areas that cannot be changed?				
	When was the last time you thanked your parents for the ordinary things they do for you, such as providing meals, working to maintain a home, car and other benefits?				
	List the service opportunities that you perform at home:				

	If you would like to improve any of the above items please put an 'I' next to the left of that column.

### Child's Commitment:

- I desire to be a black belt someday and I am willing to commit to consistent training with a positive attitude during my training.  Yes  No.
- I understand that reaching a long term goal such as a Christian Black Belt will take discipline, sacrifice and commitment from me and my parents.  Yes  No.
- I would like more information about the LEADERSHIP PROGRAM?  Yes  Not at this time.
- I will continue to show my parents my appreciation and gratitude for allowing me this opportunity by:

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

*Please read below:*

### GOALS

**In James 4:13-17 we are taught that we should use our *minds* and set goals, but we must do so in *humility*, recognizing that God alone controls our destiny.**

<sup>13</sup> Come now, you who say, "Today or tomorrow we will go into such and such a town and spend a year there and trade and make a profit"—<sup>14</sup> yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then vanishes.<sup>15</sup> Instead you ought to say, "If the Lord wills, we will live and do this or that."<sup>16</sup> As it is, you boast in your arrogance. All such boasting is evil.<sup>17</sup> So whoever knows the right thing to do and fails to do it, for him it is sin."<sup>1</sup>

We ought not to be so anxious about life that we make rigid plans which are beyond our capacity to keep, nor should we be so lazy as to make no plans at all. **Rather, with all humility and much prayer, with devotion in God's Word and counsel with other believers, let us submit our plans to the Lord, and work for his glory.**

In [Proverbs 6:6-11](#), the author rebukes the man who prepares for nothing, calling him a "sluggard." He implores the sluggard to observe the ant which "prepares her food in the summer, and gathers her provision in the harvest" (v. 8). According to the Scriptures, the wise person will establish objectives and prepare for the future.

There's a well-worn story of a man who approached a laborer who was laying bricks and asked him, "What are you doing." The laborer said, "Can't you see I'm laying bricks?"

The man then walked over to another bricklayer and asked, "What are you doing." And the workman answered with pride, "I'm building a cathedral."

<sup>1</sup>The Holy Bible : English standard version. 2001 (Jas 4:13-17). Wheaton: Standard Bible Society.

Both were physically doing the same thing. But the first laborer was occupied with the present task, and the other was concerned with the ultimate goal.<sup>2</sup>

A **Christian Black Belt** is not an easy goal to achieve. It takes hard work, perseverance and teamwork. It requires a high level of **excellence**.

The **KK4C LEADERSHIP Program** is a team of individuals who are in the pursuit of **biblical excellence** in their lives.

### **What is Biblical Excellence?**

God wants His people to abound or excel in both what they are (inward character) and in what they do (behavior or good deeds). And that the pursuit of excellence must be motivated by the right values, priorities, and motives.

- **Pursuing Excellence is not to be a Quest for Superiority.**

“Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.” ([1 Cor. 15:58](#)).

Biblically speaking, the *pursuit of excellence* refers to pursuing and doing the best we can with the gifts and abilities God gives, giving our best to the glory of God. But ideally, it is done without the spirit of competition or seeking to excel simply to be better than others. Excellence includes doing common, everyday things, but in very uncommon ways regardless of whether people are watching. The reality is that God sees our work and rewards us accordingly

- **Pursuing Excellence Should Not be Limited by the Nature of the Task.**

“So, whether you eat or drink, or whatever you do, do all to the glory of God.” ([1 Cor. 10:31](#)).

We are to do whatever we do, whether it is viewed as important by society or very menial and insignificant, whether one is the president of a large company or one who cleans the offices at night, all is to be done to the glory of God.

- **Pursuing Excellence Is a Matter of Choosing the Best.**

“For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.” ([Eph. 2:10](#)).

- The pursuit of excellence is never a matter of simply choosing between what is good or bad, but of choosing what is best or superior because it will better enable us to accomplish what God has designed us to be and do

- **Pursuing Excellence Is a Matter of a Whole-Hearted Endeavor.**

[Colossians 3:23-24](#) Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.

- **Motives for the Pursuit of Excellence are the Glory of God and Eternal Rewards**

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<sup>2</sup>Green, M. P. (1989). *Illustrations for Biblical Preaching : Over 1500 sermon illustrations arranged by topic and indexed exhaustively* (Revised edition of: The expositor's illustration file.). Grand Rapids: Baker Book House.

**2 Corinthians 5:10** For we must all appear before the judgment seat of Christ, that each one may receive what is due him for the things done while in the body, whether good or bad.

“And he said to him, “You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment.” **(Matthew 22:37-38)**

**As the Director of KK4C,**

1. I will commit to train you in the nurture and admonition of the Lord.
2. I will commit to train you in the pursuit of Biblical excellence.
3. I will commit to train you to become not only a Black Belt in the Martial Arts, but more importantly a Christian Black Belt.
4. I will strive to be a Godly example for you and teach you the truth found in God’s Word.
5. I will faithfully pray for you and encourage you to pursue God’s highest will for your life.

**Adam W. Schainblatt**

**KK4C Instructor SECTION:**

<b>Attributes &amp; Abilities</b>	<b>NOT improved</b>	<b>SLIGHTLY improved</b>	<b>GREATLY improved</b>	<b>Was already GOOD before KK4C classes</b>		<b>Unable to Rate</b>
Physical Effort in Class						
Attitude in Class						
Respect Displayed in Class						
Physical Aptitude for Black Belt and Beyond						
Maturity Relative to Age						
Self Motivation						
<b>Participation:</b>						
Class 5-7 Times Per Week						
Intramural Tournaments						
Seminars or Other Events						

*After answering the questions and obtaining the proper signatures, please email or hand in this form to your instructor.*