

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Current Belt: \_\_\_\_\_  
Phone: \_\_\_\_\_ Projected Date For: 1<sup>st</sup> Tip \_\_\_\_\_ 2nd Tip \_\_\_\_\_ New Belt \_\_\_\_\_

## **TINY TIGERS MODULE TWO**

- STANCES**
  - Attention stance
  - Karate stance
  - Horse stance
- BASICS**
  - Basic Blocks
- TECHNIQUES AND COMBINATIONS**
  - Hook Punches
  - Front kick and Punch Combinations
- SELF-DEFENSE**
  - Attacker: Same side wrist grab
  - Defender: Elbow to Elbow - Same side foot step inside opponent. Opposable thumb release, elbow sideways, and chop to neck.