

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Current Belt: \_\_\_\_\_  
Phone: \_\_\_\_\_ Projected Date For: 1<sup>st</sup> Tip \_\_\_\_\_ 2nd Tip \_\_\_\_\_ New Belt \_\_\_\_\_

## **TINY TIGERS MODULE FOUR**

- STANCES**
  - Attention stance
  - Karate stance
  - Horse stance
- BASICS**
  - Basic Blocks
- TECHNIQUES AND COMBINATIONS**
  - Step-behind side kick
  - Punches
- SELF-DEFENSE**
  - Attacker: Head lock from front
  - Defender: Inside hand strike to opponent's groin or inner thigh and or push attackers chin backwards