

Name: _____ Age: _____ Current Belt: _____
Phone: _____ Projected Date For: 1st Tip _____ 2nd Tip _____ New Belt _____

TINY TIGERS MODULE FIVE

TECHNIQUES AND COMBINATIONS

First Tip:

- Roundhouse kick (rear leg)

Second Tip:

- Back Fist strike (front hand)

SELF DEFENSE

First Tip:

- Attacker: Rear hand punch
- Defender: Brush

Second Tip:

- Attacker: Rear hand punch
- Defender: Same side hand brush against multiple punches