

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Current Belt: \_\_\_\_\_  
Phone: \_\_\_\_\_ Projected Date For: 1<sup>st</sup> Tip \_\_\_\_\_ 2nd Tip \_\_\_\_\_ New Belt \_\_\_\_\_

## **TINY TIGERS MODULE SEVEN**

**TECHNIQUES AND COMBINATIONS**

First Tip:

- Back kick

Second Tip:

- Elbow Strike

**SELF-DEFENSE**

First Tip:

- Attacker: Overhead strike
- Defender: "X" block wrist

Second Tip:

- Combinations and Review